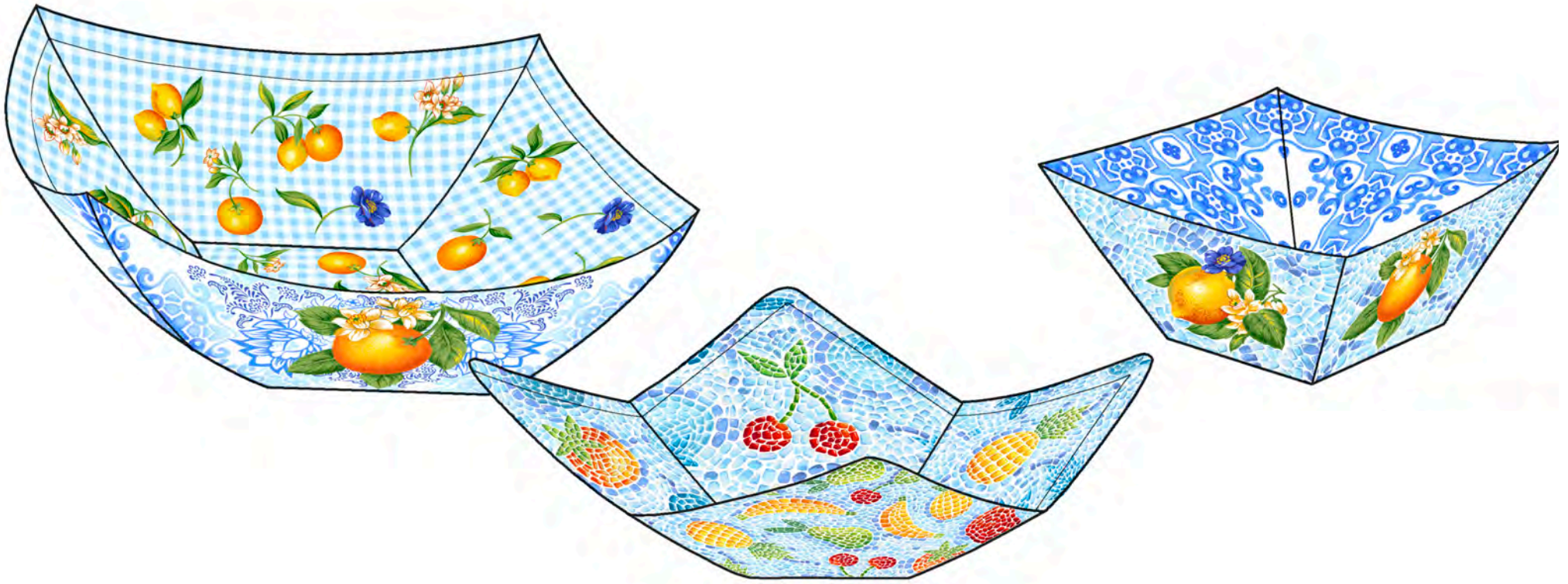
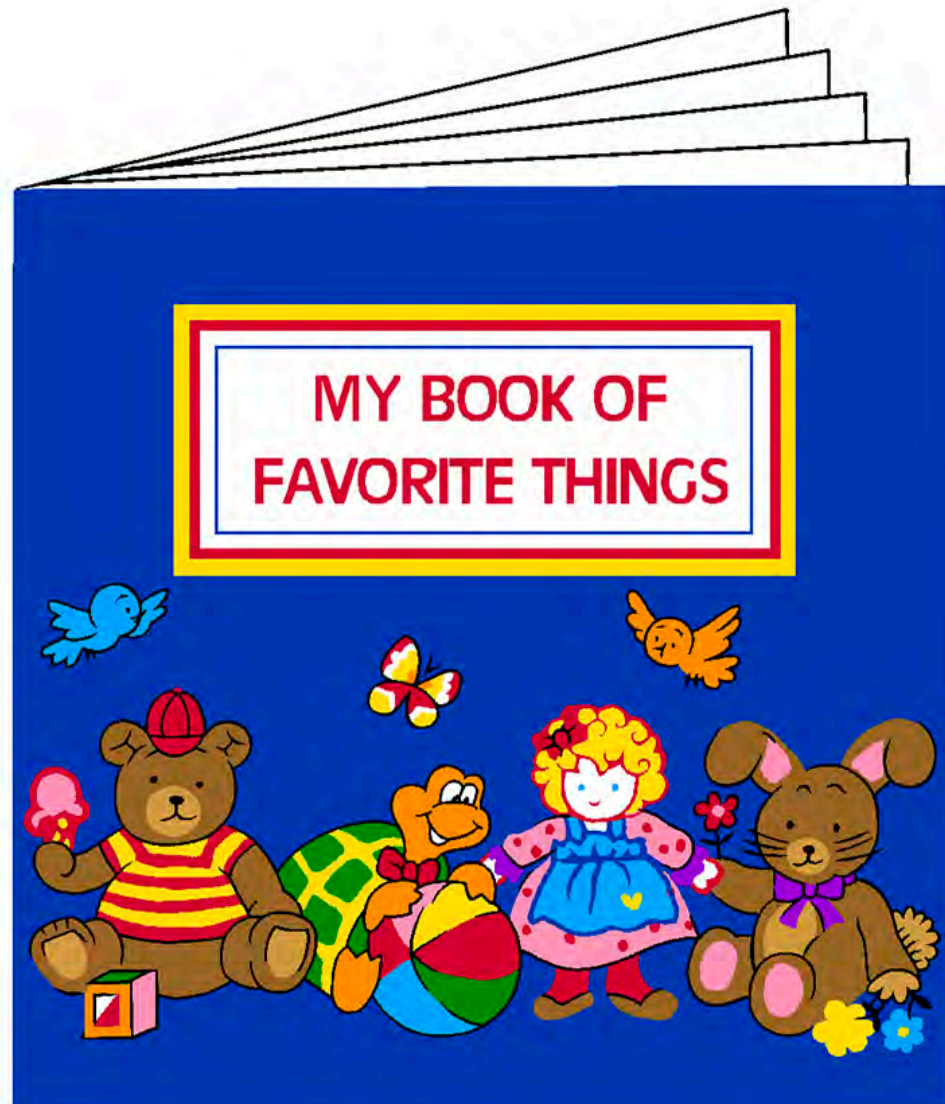


Sew & Go XV



FRUIT BOWLS

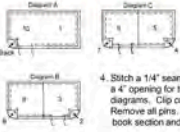


BOOK OF FAVORITE THINGS



INSTRUCTIONS: Read through all instructions before starting.
NOTIONS: 1 yd. medium weight interfacing (22" wide) or fat basting thread.
SEAM ALLOWANCE: 1/4" unless otherwise specified.
NOTE: Book cover is slightly larger than book pages.

1. Cut all page sections on outer line. You will have 6 page sets to create 3 book sections.
2. Use the book cover as a pattern to cut 3 layers of interfacing or batting.
3. With right sides together (RST) place: Book cover with page 1-10 (RST) over batting. Pin or baste before sewing. Diagram A
Page 9-2 with page 3-6 (RST) over batting. Pin or baste before sewing. Diagram B
Page 7-4 with page 5-8 (RST) over batting. Pin or baste before sewing. Diagram C



4. Stitch a 1/4" seam around the book pages leaving a 4" opening for turning as indicated on the diagrams. Clip corners and trim extra batting. Remove all pins. Turn right side out. Press each book section and slip-stitch each opening closed.

5. When you have completed 3 book sections, assemble in the following manner:
Place book cover open on a flat surface with page 1-10 facing up.
Place page section 9-2 and 3-6 combination flat on top of 1-10 section. Page 3-6 will face up.
Place remaining page section 7-4 and 5-6 combination flat on top of the other 2 sections. Page 5-6 will face up.
6. Baste down center of book through all thicknesses to secure pages. Machine stitch on same center line (Diagram D). Remove basting stitches, if needed.



another great book from the library of
QT fabrics

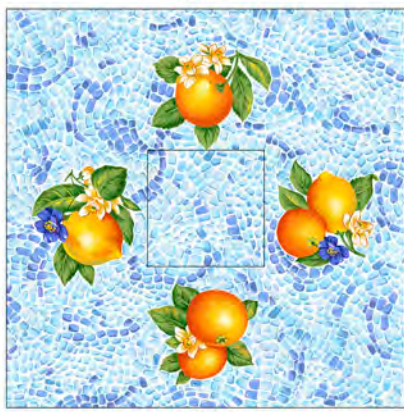
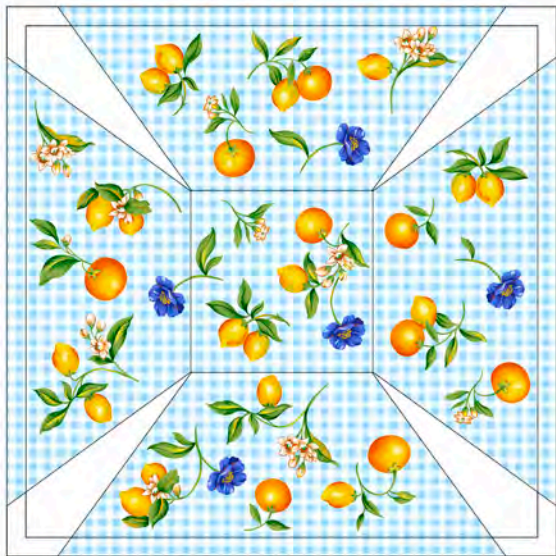
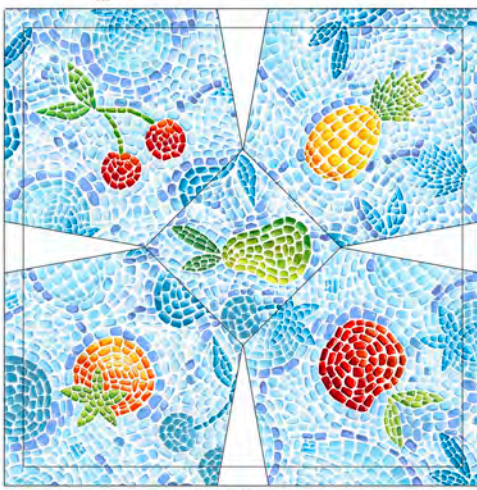
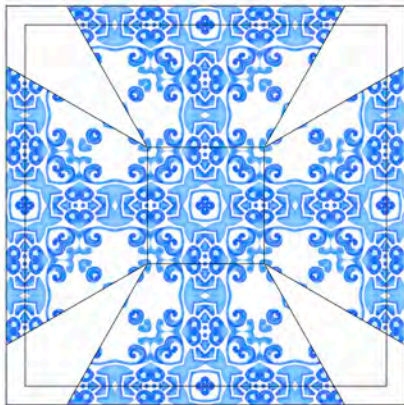


28257 Y (ROYAL) BOOK OF FAVORITE THINGS (36")

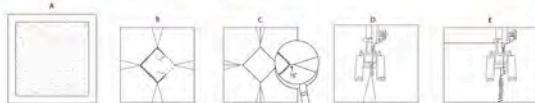


Fruit Bowls

SUPPLIES NEEDED:
Medium to heavy weight non-slip fabric/interfacing cut for the following cut sizes:
- one 14" x 14" for large bowl
- one 12" x 12" for medium bowl
- one 10" x 10" for small bowl
- for about 1 yd. medium to heavy weight interfacing and 2 yds. fusible webbing - blue webbing is recommended for each bowl.
- Coordinating thread for each bowl.



INSTRUCTIONS:
1. Cut out each bowl square along outer edges.
2. Press all pieces. NOTE: There is an extra 1/2" seam allowance around each bowl section - this will be trimmed off when the inside and outside of each bowl are fused together.
3. Fuse the pieces of interfacing to wrong side of inside bowl sections combined along placement lines printed on the right side of fabric. (Diagram A)
4. Fuse basting outside carefully in place, making sure bottom squares align with each other before fusing.
5. Carefully cut away the 1/2" seam allowance along cutting line.
6. Sew along the outer edges of the bowl squares. (Diagram B)
7. Cut along the dart lines, being sure to stay 1/8" away from the base stitching when cutting. (Diagram C)
8. Stitch dart together by starting 1/8" from bottom of dart point. With a zig-zag stitch, both edges of the dart together as you sew, being sure that the zig-zag stitches catch both edges of the dart equally. (Diagram D). Work slowly and continue stitching until you reach the edge of the dart.
9. Cut and stitch the remaining 3 darts one at a time.
10. Finishing - set your machine for a slightly wider satin stitch. Sew over all the darts a second time, then stitch around the bowl again.
11. Use a medium width satin stitch to sew around the edge of the bowl. The right hand side of the satin stitch should fall just beyond the edge of the bowl fabric. (Diagram E). Repeat with a slightly wider satin stitch. Finish off with a few lock stitches.
12. Repeat all steps for the other two bowls.



ZIG-ZAG STITCH (MACHINE SATIN)
Make sure your machine is in good working order. Use a heavy needle such as a size 14. Use a high quality thread in both the upper thread and bobbin of your machine. Sew your machine for a wide zig-zag stitch and a very short zig-zag stitch length (satin stitch). Practice stitching on a scrap of fabric adjusting the settings until you get a neat wide line. Make a note of your stitch width. Make sure that zig-zag stitches cover about 5 or 6 fabric threads within edge of project. If stitching is too far in, edges will ravel, too far out and threads will pull out.



28258 B (BLUE) FRUIT BOWLS (36")

