

Nap Mat



FABRIC REQUIREMENTS					
	FABRIC A 30510 X 1 ½ YARD		FABRIC B 30511 B 1 ½ YARD		FABRIC C 30511 O 1 ½ YARD



SIZE: 49" x 23 ¼"

A DAY AWAY: LUNCH BAG, NAPKIN + PLACEMAT



Finished Size:
Lunch bag 8 ½" x 12 ½"
Napkin 13 ½" x 13 ½"
Placemat 11" x 17"



FABRIC REQUIREMENTS			
	FABRIC A 30513 X 1 YARD		FABRIC B 30512 Z 5/8 YARDS lining and utensil pocket
Additional materials: 2 inches of 1" wide hook and loop fastener tape Matching thread ½ yard iron-on interfacing			

We recommend that you carefully read through all instructions before getting started on your project.

CUTTING DIRECTIONS

Fabric A

- Cut one 17¾" x 49½" center panel, along the length of the fabric

Fabric B

- Cut two 3¾" x 49½" side strips, along the length of the fabric
- Cut two 2" x 29½" ties, along the length of the fabric

Fabric C

- Cut one 49½" x 24¼" back, along the length of the fabric

Batting

- Cut one 49½" x 24¼" rectangle

SEWING INSTRUCTIONS

Use ¼" seam allowance for all seams. Use straight pins to pin the seams before stitching.

Pin and sew all pieces right sides together (rst). Press seams toward the darker fabric after sewing.

NAP MAT

1. Sew **Fabric B** side strips to either side of **Fabric A** center panel. Press seams.
2. Fold a **Fabric B** tie piece in half lengthwise and stitch side edges together and across one end. Turn right side out and press. Repeat with the remaining tie.
3. With right sides together, layer the **Fabric A** top and the **Fabric C** back on top of the batting. (Diagram A) Pin and trim edges of batting.

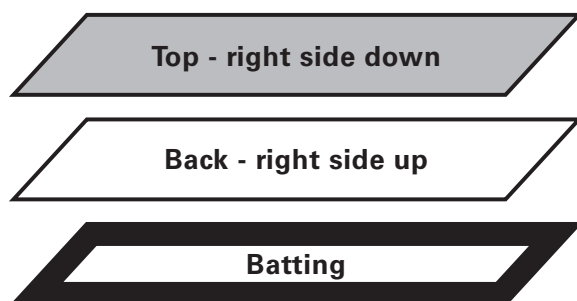


Diagram A

4. Sandwich the two raw edges of the ties between the fabric layers. Pin ends stacked together to the top edge, aligning open ends with the fabric edge. (Diagram B)

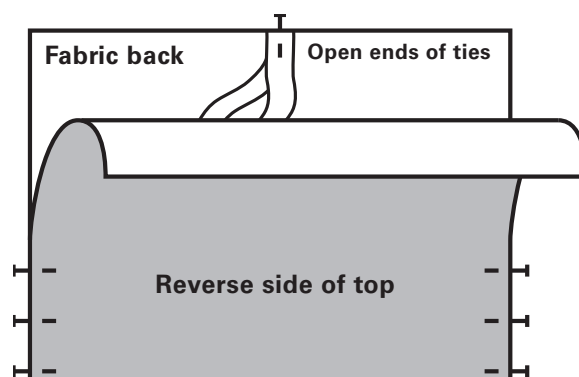
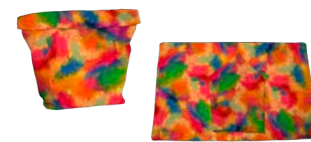


Diagram B

5. Stitch edges together, leaving a 4" opening on one edge. Trim seams at corners. Turn right side out and press. Whipstitch opening closed. Top stitch around mat ¼" from the edges. Roll mat, divide ties and wrap around roll and tie.

While all possible care has been taken to ensure the accuracy of this pattern, we are not responsible for printing errors or the way in which individual work varies.



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Note: All seam allowances are $\frac{3}{8}$ " unless otherwise stated.

CUTTING DIRECTIONS

Fabric A

- Cut 2 rectangles measuring 15" x 12"
- Cut 1 square measuring 14" x 14"
- Cut 2 rectangles measuring 11 $\frac{3}{4}$ " x 17 $\frac{3}{4}$ "

Fabric B

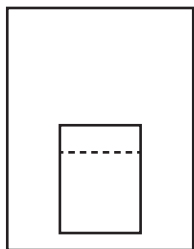
- Cut 1 rectangle measuring 7" x 6"
- Cut 2 rectangles measuring 15" x 12"

SEWING INSTRUCTIONS

All seam allowances are $\frac{3}{8}$ " unless otherwise stated.

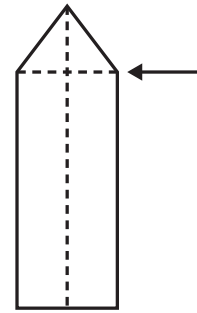
LUNCH BAG

1. Turn side and bottom edges of **Fabric B** 7" x 6" square in $\frac{1}{2}$ ". Press. Turn top of utensil pocket in $\frac{1}{4}$ " and press. Turn under 1" and stitch close to hem. Pin utensil pocket right side up on right side of one larger **Fabric B** rectangle as shown in illustration. Stitch on two sides and the bottom.



Utensil pocket

2. With right sides together, stitch sides of **Fabric A** rectangles. Sew the bottom of the rectangles together. With side seam on top, and bottom seam directly beneath, lay bag flat, creating triangle at side bottom. Stitch as shown in illustration to form the bottom of bag. Trim to $\frac{3}{8}$ " and press seam toward center of bag.



Bottom of bag

3. Turn the bag right side out, press well. Repeat with **Fabric B** rectangles. Lay the lining inside bag right sides together. Stitch around top leaving a 2" open for turning. Turn the bag right side out. Slip stitch the opening closed. Tuck the lining into the lunch bag, press top of bag. Topstitch $\frac{1}{4}$ " from opening.

4. Stitch or glue hook portion of hook and loop tape piece to center of one side of bag top, stitch or glue loop portion of hook and loop tape to other side of bag, centered and 3" below top of bag. Roll bag top and secure hook and loop tape to close bag.

NAPKIN

1. Turn edges of **Fabric A** 14" x 14" square in $\frac{1}{4}$ " and press. Turn in once again and press.

2. Stitch closely along edges, pivoting carefully at corners. Press.

PLACEMAT

1. Cut iron-on interfacing to 11 $\frac{3}{4}$ " x 17 $\frac{3}{4}$ ". Iron interfacing to wrong side of one **Fabric A** 11 $\frac{3}{4}$ " x 17 $\frac{3}{4}$ " rectangle following manufacturer's directions.

2. Place 2 **Fabric A** 11 $\frac{3}{4}$ " x 17 $\frac{3}{4}$ " rectangles right sides together and stitch around all sides leaving a 2" opening for turning.

3. Turn right sides out and press well.

4. Slipstitch opening closed.

5. Topstitch $\frac{1}{4}$ " around outside edges of mat.

6. Roll and place in utensil pocket of bag.

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*delightful dreams

BY Josie

Josie, QT Fabrics' youngest designer, had a dream to design a fabric collection and to help kids like her feel supported and comforted while facing challenges in the hospital and beyond.

We are happy to support Josie's vision, and offer Delightful Dreams, a line designed to share the joy, generosity, and talent that she personified.



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QT Fabrics donated 50% of the proceeds from the purchase of this collection to Quilts for Kids.



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